

Referral List Count (Alphabetical Order)	Business Name	Name	Phone Number	Email Address	Website	Address	Office Location	In Person / Virtual	Client Type	Service Provided	Insurance Plans Accepted / Self Pay
1	Voyage Counseling LLC	Erin Coram, LMFT Jessica Neely, LCSW Mary M. Mathison, MSW, LCSW, CSAYC	317-852-6603	office@voyagecounseling.com	www.voyagecounseling.com	1103 E. Main Street Brownsburg, IN 46112	Brownsburg, IN	In Person / Virtual	Child, Teen, Adult, Couples, Individuals	Brainspotting	Insurance, Reduced Rate & Pro-bono available, Self Pay
2	The Brave Life Therapy	Jennifer Lin	317-643-0507	jennifer@thebravelifetherapy.com	www.thebravelifetherapy.com			In Person / Virtual		Accelerated Resolution Therapy	
3	Beech Tree Consulting & Psychological Services	Tyler Oswald, LMHC	317-296-2754		www.beechtreepsych.com	6411 South East Street, Suite A Indianapolis, IN 46227	Southport, IN	In Person		EMDR	Anthem, Aetna, CareSource, Self Pay
4	Bespoke Counseling Services	Melissa Russell-Plunkett, MS, NCC, LMHC	317-604-9889	melissa@bespokecounselingservices.com	www.bespokecounselingservices.com		Greenwood, IN & Shelbyville, IN	In Person / Virtual	Kids, Teens, Adults	Trauma-informed Care Training	Private Insurance. One pro bono session per person. Self Pay
5	Care To Change	Ariil Bourdeau	317-790-9396		www.caretochange.org		Avon, North Indy, Prestwick	In Person / Virtual		EMDR	
6	Concepts in Healing LLC	Sherri Bidwell, LCSW, LCAC	317-279-5165	sherri@conceptsinealingllc.com	www.conceptsinealingllc.com	310 W. Main Street Suite 203 Greenwood, IN 46142	Greenwood, IN	In Person		EMDR, Trauma	Aetna, Anthem BCBS, Optum, United & UMR, Self Pay
7	Counseling at The Green House	Brooke Randolph	317-455-5642	schedule@greenhouseindy.com	www.greenhouseindy.com	447 E 38th Street Indianapolis, IN 46205	Indianapolis, IN	In Person		Brainspotting	Multiple Therapist at practice
8	Empower Healing Counseling and Consultation, LLC	Alison Leslie	812-929-2080	alison@alisonleslie.com	www.alisonleslie.com	Bloomington, IN	Bloomington, IN			EMDR & SE	
9	FindWell Counseling, LLC	Julia Pickett, LCSW	502-501-3646	julia@findwellcounseling.com			KY & IN	Virtual		Written Exposure Therapy in combination with tools from ACT, Polyvagal Theory and Mindful Self-Compassion	Humana and Caresource (Marketplace)
10	Harper Rose Counseling	Crysty Huffman		crysty@harperrosecounseling.com	www.harperrosecounseling.com	Mofit Blvd, Brownsburg, IN 46112 & 4020 S Meridian Street, Indianapolis, IN 46217	Brownsburg, IN & Greenwood, IN	In Person / Virtual	Children, Individual, Families	EMDR, Trauma Focused Cognitive Behavioral Therapy	
11	Heather Hudson	Heather Hudson	502-276-6403	Info@HeatherHudsonPCC.com & HeatherHCounseling@gmail.com	https://heatherhudsonpcc.com/	101 W Kirkwood Bloomington, Indiana 47404	Bloomington, IN	Virtual			
12	LifeSolutions Counseling Associates, PC	Teresa Troxell, MSW, LCSW : EMDR Amber Cowan, MA, LMFT : EMDR Layla Rainbolt, MS, LMHC : TF-CBT Chris Irwin, MSW, LCSW : TF-CBT, EMDR	317-569-5433		www.lifesolutionspc.com	1499 Windhorst Way, Suite 220 Greenwood, IN 46143	Greenwood, IN	In Person / Virtual		EMDR, TF-CBT	Insurance, Self-Pay
13	LifeSolutions Counseling Associates, PC	Carmen Rodriguez, MSW, LSW : TF-CBT Amanda Luna, PsyD., HSPP, CSAYC	317-569-5433		www.lifesolutionspc.com	1185 West Carmel Drive, Suite D4 Carmel, IN 46032	Carmel, IN	In Person / Virtual		TF-CBT	Insurance, Self-Pay
14	LifeSolutions Counseling Associates, PC	Michael Doty, MA, PhD(c), LMFT, KAP	317-569-5433		www.lifesolutionspc.com	14540 Prairie Lakes, Blvd N., Suite 202 Noblesville, IN 46060	Greenwood, IN Carmel, IN Noblesville, IN	In Person / Virtual			Insurance, Self-Pay
15	Megan Letourneau, MSW, LCSW	Megan Letourneau, MSW, LCSW	317-753-9611	Profile on Psychology Today website	www.psychologytoday.com/us/therapists/mary-megan-letourneau-indianapolis-in/398722	6655 E Us Highway 36 Avon, IN 46123	Brownsburg, IN			EMDR	
16	One Step Forward Counseling	Arielle Thibodeaux	317-775-8797	arielle@onestepforwardcounseling.com	www.onestepforwardcounseling.com	9640 Commerce Drive, Suite 438 Carmel, IN 46032	Carmel, IN		First Responders	Brainspotting	
17	Peace Counseling Group	Kristen Swart, MSW, LCSW	317-605-7015	kristenswartpcg@gmail.com	www.peacecounselinggroup.com	9640 Commerce Drive, Suite 413 Carmel, IN 46032	Carmel, IN	In Person / Virtual		Individual & Marital Therapist, Brainspotting	Self Pay
18	Prime Movement	Sarah Stilz	463-219-5033		www.primemovement.org	201 North Illinois Street Suite 1600 Indianapolis, IN 46204	Indianapolis, IN				Insurance - Out of Network, Self Pay

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19	Reflections Christian Counseling	Brian Griffin, LMHCA	317-943-4311	crystal@reflectionschristiancounseling.com	www.reflectionschristiancounseling.com	7230 Arbuckle Commons, Suite 239 Brownsburg, IN 46112	Brownsburg, IN	In Person	Adults Only	EMDR, Trauma Event Mangement	Self Pay
20	Therapy With Jen	Jennifer Richards, LMHCA	812-316-5140	jen@therapywithjen.net	www.therapywithjenalt.com	804 N. College Ave., Suite 102 Bloomington, IN 47404	Bloomington, IN	In Person / Virtual		EMDR	
21	Winding Roads Counseling	Katie Simpson, LCSW	317-833-4999 / 317-868-1220		www.windingroadscounseling.net	2000 North Morton Street Franklin, IN 46131	Franklin, IN	In Person		Brainspotting, Crisis Intervention	
22	Willow Center for Healing	Jessica A Zimmerman, LMHC	260-452-5336	healing@willowcenterforhealing.com	www.willowcenterforhealing.com	3478 Stellhorn Rd Fort Wayne, IN 46805	Ft Wayne, IN	In Person / Virtual		EMDR	Insurance, Self-Pay, Pro-bono, Discounted Cash rates
23	Zeteo Therapy and Wellness	Amber Kuhn	812-203-0385	zeteotherapyandwellness@protonmail.com	www.zeteotherapyandwellness.com	7469 State Rd 46 Terre Haute, IN 47802	Terre Haute, IN	In Person / Virtual		Trauma Cases & Crisis Intervention	Self Pay